

## **What is Labiaplasty?**

Labiaplasty is a surgical procedure to trim down, reduce and reshape the inner lips (labia minora) or outer lips (labia majora) of the vagina. The labia minora is described as the inner flap of skin that covers the clitoris and vagina. The labia majora is the part of the labia on the outside of the vagina on the body. The labia may become elongated or asymmetrical for many varied reasons. Often it can result from sexual intercourse, childbirth, genetics or the aging process.

Women with enlarged inner and outer vaginal lips often request surgical correction because of pain or are self-consciousness of the appearance. For example, a long labia may cause pain during sexual intercourse, exercise or even while wearing tight-fitting jeans. Fully developed young women and adult women who are in good health make the most appropriate candidates. The surgery is not designed to enhance sexual pleasure or satisfaction.

Consult with your Plastic Surgeon or Gynecologist to see if you would be a good candidate for a Labiaplasty.